

Active Sports 2015

BLOCK 1: 11TH FEBRUARY – 7TH MARCH

BLOCK 2: 4TH – 28TH NOVEMBER Wednesdays 6pm-7pm & Saturdays 9.30am-10.30am



Active Sports is designed for families and friends to try eight different sporting activities in a fun group environment. In 2015, Active Sports will run in two blocks.

For more information or bookings contact
Active Launceston: 6324 4027

Move More, Live More!

Active Launceston relies on grants, sponsorships and donations to operate. The Active Launceston Appeal gives you the opportunity to say thank you and contribute to programs and events into the future. To make a donation please visit the UTAS Foundation website www.utas.edu.au/foundation/donate and follow the links to the Active Launceston Appeal.

Active Sports 2015

Active Launceston supports local sporting clubs by encouraging community members to re-engage with team sports. Active Sports is also the perfect opportunity for families and friends to try a new sport. Each week of the program will feature a different sport where the instructor will demonstrate the basics to get you started!



WHAT'S ON	WHERE	SESSION 1 – WEDNESDAYS	SESSION 2 – SATURDAYS
BLOCK 1			
Orienteering	Esk Valley Orienteering Windsor Park Football Ground (eastern side) Windsor Park Drive, Riverside	11th February 6:00pm	14th February 9:30am
Cricket	Northern Tasmania Cricket Association NTCA Complex	18th February 6:00pm	21st February 9:30am
Tennis	Trevallyn Tennis Club Gorge Road, Trevallyn	25th February 6:00pm	28th February 9:30am
Hockey	Launceston City Hockey Club St Leonards Sports Centre, St Leonards	4th March 6:00pm	7th March 9:30am
BLOCK 2			
Recreational Bike Riding*	TBUG Heritage Forest ,Churchill Park Drive	4th November 6:00pm	7th November 9:30am
Squash	Robert Clyde, Theogenes Health & Squash Centre, 57 Boland Street, Launceston	11th November 6:00pm	14th November 9:30am
Netball	Northern Hawks Netball Club Unigym, Brooks Road, Newnham	18th November 6:00pm	21st November 9:30am
Boules	Alliance Francaise Launceston Royal Park, Park Street (meet at BBQs)	25th November 6:00pm	28th November 9:30am

- ⚠ Please arrive 10 minutes early to each session
- ⚠ Sports sessions are open to any fitness level and anyone over the age of 10 (if under 18 years participants must have a parent or guardian attend for insurance and safety purposes)
- ⚠ Bring the family, a friend, group or the whole workplace
- ⚠ This is a FREE program
- ⚠ Wear loose comfortable clothing, appropriate footwear and bring a drink bottle and bath size towel
- ⚠ Bookings are recommended
- ⚠ For more information or bookings contact Active Launceston on 6324 4027

*Please bring your own bike and helmet on the day.



Alliance Française

The Active Launceston Information Hub is your one stop shop for information on everything that is active in Launceston. Visit us to find out more about our great programs and events as well as other community initiatives at 41 Frankland Street Launceston.

Move More, Live More with Active Launceston